

Cleethorpes AC	Compiled by COLIN WRIGHT
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Finish	Event
Position	

CLEETHORPES
NEW YEAR'S DAY 10K
GUY FAWKES 10K
ALL TIME.

1983 – 2025	MALE SUB 35
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NYD
CAT
RECORD

	Lyons, Andrew	City of Hull	29.19	1993	1	GUY FAWKES		CR
	Whitehead, Peter	Skyrac	29.24	1994	1	NEW YEAR'S DAY		CR
	Lyons, Andrew	City Of Hull	29.32	1993	1	NEW YEAR'S DAY		
	Garner, Vincent	Copeland AC	29.36	1989	1	NEW YEAR'S DAY		
	Allison, Lucian	Lincoln Wellington	29.39	2020	1	NEW YEAR'S DAY		
	Cuskin, Paul	Valli	29.49	1989	1	GUY FAWKES		
	Clark, John	Grimsby H	29.53	1989	2	NEW YEAR'S DAY		
	Tune, David	Rotherham H	29.56	1994	2	NEW YEAR'S DAY		
	Moorhouse, Julian	Leeds City AC	29.58	1994	3	NEW YEAR'S DAY		
	Cuskin, Paul	Sunderland H	29.59	1992	1	GUY FAWKES		
	Lyons, Andrew	City Of Hull	30.03	1991	1	NEW YEAR'S DAY		
	Lyons, Andrew	City Of Hull	30.05	1992	1	NEW YEAR'S DAY		
	Chorlton, Mike	Middlesborough & Clev	30.07	1990	1	GUY FAWKES		
	Cuskin, Paul	Valli Harriers	30.08	1990	2	GUY FAWKES		
	Bowser, Matthew	Lincoln Wellington	30.09	2016	1	NEW YEAR'S DAY		
	Beattie, John	Newham & Essex Beagles	30.10	2016	2	NEW YEAR'S DAY		
	Lyons, Andrew	City Of Hull	30.12	1990	1	NEW YEAR'S DAY		
	Mitchell, Scott	Leeds City AC	30.14	1993	2	NEW YEAR'S DAY		
	Tune, David	Rotherham H	30.15	1996	1	NEW YEAR'S DAY		
	Cooney, Darren	Rotherham H	30.16	1990	2	NEW YEAR'S DAY		
	Jagger, Lewis	Sheffield & Dearne AC	30.19	2019	1	NEW YEAR'S DAY		
	Cunningham, David	U/A	30.21	1990	3	NEW YEAR'S DAY		
	Davison, Graham	Norfolk Olympiads	30.27	1994	4	NEW YEAR'S DAY		
	Tune, David	Rotherham H	30.29	1993	3	NEW YEAR'S DAY		
	Bennett, Paul	Rotherham H	30.31	1993	4	NEW YEAR'S DAY		

	Tune, David	Rotherham H	30.32	1994	1	GUY FAWKES		
	Martin, Malcolm	Sheffield AC	30.34	1989	3	NEW YEAR'S DAY	M40	CAT/CR
	Davison, Graham	Norfolk Olympiads	30.35	1993	2	GUY FAWKES		
	Stephenson, John	Grimsby H	30.37	1989	4	NEW YEAR'S DAY		
	Spring, Gareth	Bedford & County AC	30.37	1994	2	GUY FAWKES		
	Hyland, Eamonn	Redhill Road Runners	30.38	1992	2	NEW YEAR'S DAY		
	Nightingdale, C	Sheffield AC	30.39	1989	5	NEW YEAR'S DAY		
	Beeden, John	Hallamshire Harriers	30.41	1989	6	NEW YEAR'S DAY		
	Moorhouse, Julian	Leeds City AC	30.42	1995	1	NEW YEAR'S DAY		
	Whitehead, Peter	Skyrac	30.44	1991	1	GUY FAWKES		
	Lyons, Andrew	City of Hull	30.45	1990	3	NEW YEAR'S DAY		
	Cooney, Darren	Sheffield AC	30.45	1992	3	NEW YEAR'S DAY		
	Clark, John	Grimsby H	30.46	1990	4	NEW YEAR'S DAY		
	Thompson, Michael	Sheffield AC	30.47	1995	2	NEW YEAR'S DAY		
	Jagger, Lewis	Sheffield & Deame	30.47	2022	1	NEW YEAR'S DAY		
	Arrand, Andrew	Blackhealth H	30.49	2000	1	NEW YEAR'S DAY		
	Macfarlane, Duncan	Riddings YCAC	30.50	1989	2	GUY FAWKES		
	Mitchell, Scott	Leeds City AC	30.51	1992	2	GUY FAWKES		
	Chapman, Ray	Omega Racing Club	30.51	1992	4	NEW YEAR'S DAY		
	Moorhouse, Julian	Leeds City AC	30.53	1993	3	GUY FAWKES		
	Hyland, Eamonn	Redhill Road Runners	30.54	1992	3	GUY FAWKES		
	Davison, Graham	Norfolk Olympiads	30.55	1993	5	NEW YEAR'S DAY		
	Stephenson, John	Omega Racing Club	30.57	1993	6	NEW YEAR'S DAY		
	Whitehead, Peter	Skyrac	30.58	1998	1	NEW YEAR'S DAY		
	Swearman, Andy	KUHAC	30.58	2002	1	NEW YEAR'S DAY		
	Stephenson, John	Omega Racing Club	30.59	1990	5	NEW YEAR'S DAY		
	Bowser, Matthew	Lincoln Wellington	30.59	2023	1	NEW YEAR'S DAY		
	Ridgway, CM	Sheffield AC	31.01	1989	3	GUY FAWKES		
	Jagger, M	Cleethorpes AC	31.01	1989	7	NEW YEAR'S DAY		
	Yeomans, Pete	Omega Racing Club	31.04	1990	6	NEW YEAR'S DAY		
	Thomson, Charles	Cambuslang H	31.04	1994	5	NEW YEAR'S DAY		
	Clark, John	Grimsby H	31.05	1993	7	NEW YEAR'S DAY	M40	
	Davison, Graham	Norfolk Olympiads	31.06	1995	3	NEW YEAR'S DAY		
	Bowser, Matthew	Lincoln Wellington	31.07	2017	1	NEW YEAR'S DAY		
	Beeden, John	Sheffield AC	31.09	1989	4	GUY FAWKES		

	Straw, James	Lincoln Wellington	31.09	2018	1	NEW YEAR'S DAY		
	Mitchell, Scott	Leeds City AC	31.10	1992	5	NEW YEAR'S DAY		
	Beeden, John	Hallamshire Harriers	31.12	1988	1	GUY FAWKES		
	Stephenson, John	Omega Racing Club	31.12	1994	6	NEW YEAR'S DAY		
	Connolly, Martin	Sheffield AC	31.13	1992	4	GUY FAWKES		
	Bowser, Matthew	Lincoln Wellington	31.14	2022	2	NEW YEAR'S DAY		
	Smith, Neil	Coventry Godiva	31.15	1986	1	NEW YEAR'S DAY		
	Nightingdale, C	Sheffield AC	31.15	1987	1	NEW YEAR'S DAY		
	Ricketts, David	Bolton United Harriers	31.15	2003	1	NEW YEAR'S DAY		
	Clark, John	Grimsby H	31.16	1992	6	NEW YEAR'S DAY	M40	
	Mitchell, Scott	Leeds City AC	31.16	1994	3	GUY FAWKES		
	Holladay, Robert	Rotherham H	31.18	1996	2	NEW YEAR'S DAY		
	Strangeway, William	Lincoln Wellington	31.19	2003	2	NEW YEAR'S DAY		
	Clark, John	Grimsby H	31.20	1991	2	NEW YEAR'S DAY		
	Clark, Paul	Grimsby H	31.21	1987	1	GUY FAWKES		
	Stephenson, John	Omega Racing Club	31.21	1993	4	GUY FAWKES		
	Bell, Simon	Lincoln Wellington	31.22	1993	8	NEW YEAR'S DAY		
	Hall, Jerry	Swansea H	31.22	1994	4	GUY FAWKES		
	Smith, Neil	Coventry Godiva	31.23	1988	1	NEW YEAR'S DAY		
	Istead, Mal	Grimsby H	31.23	1993	5	GUY FAWKES		
	Cook, Darren	Grimsby H	31.24	1987	2	GUY FAWKES		
	Smith, Neil	Coventry Godiva	31.24	1987	2	NEW YEAR'S DAY		
	Altoft, Stuart	Grimsby H	31.26	1987	3	GUY FAWKES		
	Blakney, Paul	Sheffield AC	31.27	1989	8	NEW YEAR'S DAY		
	Tune, David	City of Hull	31.27	1990	4	GUY FAWKES		
	Strangeway, William	Lincoln Wellington	31.28	2019	10	NEW YEAR'S DAY		
	Seedhouse, Eric	City Of Hull	31.29	1989	9	NEW YEAR'S DAY		
	Higginbottom, Ian	Beaumont Leys RC	31.29	1990	5	GUY FAWKES		
	Nightingdale, C	Sheffield AC	31.29	1991	3	NEW YEAR'S DAY		
	Payne, Robert	Sleaford Striders	31.29	1994	7	NEW YEAR'S DAY		
	Sargeant, Brian	Grimsby H	31.31	1989	10	NEW YEAR'S DAY		
	Birchall, Robert	Omega Racing Club	31.31	1992	7	NEW YEAR'S DAY		
	Henderson, Michael	Hallamshire Harriers	31.31	1993	6	GUY FAWKES	M40	
	Smith, Neil	Coventry Godiva	31.32	1990	7	NEW YEAR'S DAY		
	Gristwood, William	Ealing & Southall AC	31.32	1992	8	NEW YEAR'S DAY		

	Clark, Paul	Grimsby H	31.33	1986	2	NEW YEAR'S DAY		
	Frapwell, Andy	Gloucester AC	31.33	1987	3	NEW YEAR'S DAY		
	Martin, Jeffrey	Rowntree AC	31.33	1992	5	GUY FAWKES		
	Bennett, Paul	Rotherham H	31.33	1998	2	NEW YEAR'S DAY		
	Robinson, Shane	Lincoln Wellington	31.33	2017	2	NEW YEAR'S DAY		
	Cooney, Darren	Sheffield AC	31.34	1991	2	GUY FAWKES		
	Shelley, R	Grimsby H	31.35	1987	4	GUY FAWKES		
	Jagger, M	Grimsby H	31.35	1993	9	NEW YEAR'S DAY		
	Howdle, Pat	East Hull Harriers	31.36	1990	8	NEW YEAR'S DAY		
	Bennett, Paul	Rotherham H	31.36	1992	9	NEW YEAR'S DAY		
	Pyrah, Jeff	Hallamshire Harriers	31.36	1994	5	GUY FAWKES		
	Moorhouse, Julian	Scunthorpe H	31.37	1992	10	NEW YEAR'S DAY		
	Swearman, Andy	Birchfield	31.37	2004	1	NEW YEAR'S DAY		
	Jagger, M	Cleethorpes AC	31.38	1990	9	NEW YEAR'S DAY		
	Clark, Paul	Grimsby H	31.40	1988	2	NEW YEAR'S DAY		
	Graham, Anthony	Newport H	31.40	1990	6	GUY FAWKES		
	Chidwick, Ian	Grimsby H	31.40	1992	11	NEW YEAR'S DAY		
	Barker, John	Grimsby H	31.41	1989	11	NEW YEAR'S DAY		
	Girven, James	Sheffield AC	31.41	1990	10	NEW YEAR'S DAY		
	Carlin, Steve	Omega Racing Club	31.42	1990	11	NEW YEAR'S DAY		
	Plint, Mike	Sheffield AC	31.42	1991	3	GUY FAWKES		
	Beeden, John	Sheffield AC	31.42	1991	4	NEW YEAR'S DAY		
	Clark, John	Grimsby H	31.42	1996	3	NEW YEAR'S DAY	M40	
	Stephenson, John	Omega Racing Club	31.44	1990	7	GUY FAWKES		
	Sinclair, Robert	Sheffield AC	31.44	1990	12	NEW YEAR'S DAY		
	Istead, Mal	Grimsby H	31.44	1992	6	GUY FAWKES		
	Marwood, Jason	Grimsby H	31.45	1988	3	NEW YEAR'S DAY		
	Bell, Simon	Lincoln Wellington	31.45	1994	8	NEW YEAR'S DAY		
	Marwood, Jason	Grimsby H	31.47	1987	4	NEW YEAR'S DAY		
	Gristwood, William	Ealing & Southall AC	31.49	1994	9	NEW YEAR'S DAY		
	Bowser, Matthew	Lincoln Wellington	31.49	2024	1	NEW YEAR'S DAY	M40	
	Parkin, Paul	Holbeach AC	31.50	1989	12	NEW YEAR'S DAY		
	Bilton, Darren	City Of Hull	31.50	1994	6	GUY FAWKES		
	Holladay, Robert	Rotherham H	31.50	1995	4	NEW YEAR'S DAY		
	Hale, Darren	Rotherham H	31.51	1998	3	NEW YEAR'S DAY		

	Girven, James	Sheffield AC	31.52	1989	5	GUY FAWKES		
	Bell, Simon	Lincoln Wellington	31.52	1992	7	GUY FAWKES		
	Catford, D	Thirsk & Souerby	31.53	1987	5	GUY FAWKES		
	Thompson, M	Sheffield AC	31.53	1990	8	GUY FAWKES		
	Howdle, Pat	City of Hull	31.53	1993	7	GUY FAWKES		
	Bowser, Matthew	Lincoln Wellington	31.53	2015	1	NEW YEAR'S DAY		
	Shaw, Pete	Sheffield AC	31.54	1990	9	GUY FAWKES		
	Nightingdale, C	Sheffield AC	31.55	1990	13	NEW YEAR'S DAY		
	Maddocks, Chris	Sheffield AC	31.55	1992	8	GUY FAWKES		
	Bowser, Matthew	Lincoln Wellington	31.56	2025	1	NEW YEAR'S DAY	M40	
	Overton, Nick	Nene Valley H	31.57	1993	8	GUY FAWKES		
	Lilley, Kevin	Sheffield AC	31.57	1993	10	NEW YEAR'S DAY		
	Ruddleston, Mark	Rotherham H	31.57	1998	4	NEW YEAR'S DAY		
	Barker, John	Grimsby H	31.58	1990	14	NEW YEAR'S DAY		
	Lees, Nicky	Derby & County AC	31.58	1994	7	GUY FAWKES		
	Robinson, Shane	Lincoln Wellington	31.58	2018	2	NEW YEAR'S DAY		
	Sargeant, Brian	Grimsby H	31.59	1987	6	GUY FAWKES		
	Bailey, Roy	Bingley H	32.00	1993	9	GUY FAWKES		
	Welstead, Karl	Basingstoke AC	32.01	1993	10	GUY FAWKES		
	Gristwood, William	Ealing & Southall AC	32.01	1998	5	NEW YEAR'S DAY		
	Ward, Brian	City Of Hull	32.02	1988	4	NEW YEAR'S DAY		
	Wright, Charles	Doncaster Plant Works	32.02	1991	5	GUY FAWKES		
	Chidwick, Ian	Grimsby H	32.02	1991	6	GUY FAWKES		
	Beighton, Chris	Rotherham H	32.02	1992	9	GUY FAWKES		
	Stubbs, Leigh	Reading Road Runners	32.02	2010	1	NEW YEAR'S DAY		
	Bailey, Roy	Bingley H	32.03	1990	10	GUY FAWKES		
	Overton, Nick	Holbeach AC	32.03	1991	7	GUY FAWKES		
	Chidwick, Ian	Grimsby H	32.04	1992	10	GUY FAWKES		
	Thatcher, Noel	Newham & Essex Beagles	32.04	1993	11	GUY FAWKES		
	Lilley, Kevin	Sheffield AC	32.04	1994	10	NEW YEAR'S DAY		
	Howdle, Pat	City Of Hull	32.04	1995	5	NEW YEAR'S DAY		
	Mills, John	Retford AC	32.05	1989	13	NEW YEAR'S DAY		
	Brown, Richard	Lincoln Wellington	32.05	2014	1	NEW YEAR'S DAY		
	Hinch, Philip	Cleethorpes AC	32.06	2000	2	NEW YEAR'S DAY		
	Mitchell, Dave	Grimsby H	32.07	1987	7	GUY FAWKES		

	Ottaway, D	East Hull Harriers	32.07	1992	11	GUY FAWKES		
	Farrall, D	City Of Hull	32.07	1994	8	GUY FAWKES		
	Conton, Kevin	Rowntree AC	32.08	1992	12	GUY FAWKES		
	Overton, Nick	Nene Valley H	32.09	1994	9	GUY FAWKES		
	Clark, John	Grimsby H	32.09	1994	11	NEW YEAR'S DAY	M40	
	Powell, Robin	Gateshead H	32.10	1987	5	NEW YEAR'S DAY		
	Ely, George	Cleethorpes AC	32.10	1987	8	GUY FAWKES		
	Cook, Darren	Grimsby H	32.10	1988	5	NEW YEAR'S DAY		
	Castle, John	Rowntree AC	32.10	1992	13	GUY FAWKES		
	Smith, Neil	Coventry Godiva	32.11	1985	1	GUY FAWKES		
	Parrott, Richard	Grimsby H	32.11	1992	14	GUY FAWKES		
	Cook, Darren	Grimsby H	32.12	1987	6	NEW YEAR'S DAY		
	Beighton, Chris	Rotherham H	32.12	1991	8	GUY FAWKES		
	Stephenson, John	Omega Racing Club	32.12	1992	12	NEW YEAR'S DAY		
	Howdle, Pat	City Of Hull	32.13	1994	10	GUY FAWKES		
	Barker, John	Grimsby H	32.14	1988	6	NEW YEAR'S DAY		
	Barker, John	Grimsby H	32.15	1987	9	GUY FAWKES		
	Moorhouse, Julian	Leeds City AC	32.15	1996	4	NEW YEAR'S DAY		
	Bell, Simon	Lincoln Wellington	32.15	1998	6	NEW YEAR'S DAY		
	Ruddleston, Mark	Rotherham H	32.16	1991	9	GUY FAWKES		
	Kelsall, Anthony	Rotherham H	32.16	1992	15	GUY FAWKES		
	Powell, Robin	Gateshead H	32.17	1986	3	NEW YEAR'S DAY		
	Slater, Gary	KUHAC	32.17	2002	2	NEW YEAR'S DAY		
	Formstone, Martin	Cleethorpes AC	32.17	2010	2	NEW YEAR'S DAY		
	Barker, John	Grimsby H	32.21	1986	4	NEW YEAR'S DAY		
	Stephenson, John	Tipton H	32.21	1998	7	NEW YEAR'S DAY		
	James, Daniel	Cleethorpes AC	32.21	2024	2	NEW YEAR'S DAY		
	Barker, John	Grimsby H	32.22	1987	7	NEW YEAR'S DAY		
	Atkin, Sam	Lincoln Wellington	32.22	2010	3	NEW YEAR'S DAY		
	Smale, Chris	Longwood H	32.23	1994	11	GUY FAWKES		
	Stephenson, John	Omega Racing Club	32.23	1994	12	GUY FAWKES		
	McGiven, James	City of Hull	32.24	1991	10	GUY FAWKES		
	Brown, Richard	Lincoln Wellington	32.24	2015	2	NEW YEAR'S DAY		
	Cook, Darren	Grimsby H	32.25	1988	2	GUY FAWKES		
	Hughes, Andy	City Of Hull	32.25	1994	13	GUY FAWKES		

	Harris, Richard	Rotherham H	32.25	2002	3	NEW YEAR'S DAY		
	Harris, Richard	Rotherham H	32.25	2003	2	NEW YEAR'S DAY		
	Brown, Richard	Lincoln Wellington	32.25	2012	1	NEW YEAR'S DAY		
	Clark, Paul	Grimsby H	32.28	1988	3	GUY FAWKES		
	Perkins, Jarratt	Notts	32.30	2019	11	NEW YEAR'S DAY		
	Cameron, David	U/A	32.30	1991	11	GUY FAWKES		
	Sargeant, Brian	Grimsby H	32.32	1988	7	NEW YEAR'S DAY		
	Wright, Simon	Doncaster Plant Works	32.32	1993	12	GUY FAWKES		
	Mitchell, Scott	Leeds City AC	32.32	1994	12	NEW YEAR'S DAY		
	Straw, James	Lincoln Wellington	32.32	2017	3	NEW YEAR'S DAY		
	Kelsall, Anthony	Rotherham H	32.33	1991	12	GUY FAWKES		
	Cheseldine, Mike	Leeds City AC	32.34	1989	6	GUY FAWKES		
	Page, R	Lincoln Wellington	32.34	2018	3	NEW YEAR'S DAY		
	Sadowji, Ben	Barton & District	32.34	2018	4	NEW YEAR'S DAY		
	Domaille, Mark	Wakefield H	32.35	1991	13	GUY FAWKES		
	Young, Paul	Hallamshire Harriers	32.35	1993	13	GUY FAWKES		
	Martin, Malcolm	Sheffield AC	32.36	1993	14	GUY FAWKES	M45	
	Clark, John	Grimsby H	32.37	1990	11	GUY FAWKES		
	Probin, Peter	Imperial AC	32.37	1993	15	GUY FAWKES	M45	
	Barker, John	Grimsby H	32.38	1993	11	NEW YEAR'S DAY		
	Hodges, Robert	KUHAC	32.38	2009	1	NEW YEAR'S DAY		
	Bent, John	Valli	32.39	1990	12	GUY FAWKES		
	McKinnon, David	Goole Viking Striders	32.40	2025	2	NEW YEAR'S DAY		
	Parkin, Paul	Nene Valley H	32.41	1992	13	NEW YEAR'S DAY		
	Wilson, George	Cleethorpes AC	32.41	2024	3	NEW YEAR'S DAY		
	Howdle, Pat	East Hull Harriers	32.42	1991	14	GUY FAWKES		
	Barker, John	Grimsby H	32.43	1985	2	GUY FAWKES		
	Cross, Gary	City of Hull	32.43	1987	10	GUY FAWKES		
	Millar, John	Doncaster Plant Works	32.43	1988	4	GUY FAWKES	M40	
	Wright, Charles	Doncaster Plant Works	32.43	1990	13	GUY FAWKES		
	Barker, John	Grimsby H	32.44	1988	5	GUY FAWKES		
	Istead, Mal	Grimsby H	32.44	1991	15	GUY FAWKES		
	Chidwick, Ian	Grimsby H	32.45	1993	16	GUY FAWKES		
	Probin, Peter	Imperial AC	32.45	1994	13	NEW YEAR'S DAY	M45	CAT/CR
	Jagger, M	Grimsby H	32.45	1995	6	NEW YEAR'S DAY		

	Mosley, Steven	Cardiff AAC	32.46	1990	15	NEW YEAR'S DAY		
	Barker, John	Grimsby H	32.46	1992	14	NEW YEAR'S DAY		
	Brown, Richard	Lincoln Wellington	32.46	2013	1	NEW YEAR'S DAY		
	Ireland, Chris	Sheffield AC	32.47	1988	6	GUY FAWKES		
	Girven, James	Barnsley Dorothy Hyman	32.47	1991	16	GUY FAWKES		
	Ormsby, Roy	Immingham RC	32.47	1993	12	NEW YEAR'S DAY		
	Bell, Simon	Lincoln Wellington	32.47	2001	1	NEW YEAR'S DAY		
	Altoft, Stuart	Grimsby H	32.48	1988	8	NEW YEAR'S DAY		
	Owen, Clive	Newark AC	32.48	1990	14	GUY FAWKES		
	Lyon, Gareth	Grimsby H	32.48	1990	15	GUY FAWKES		
	Pleasants, Peter	Barnsley Dorothy Hyman	32.48	1991	17	GUY FAWKES		
	Sellen, David	Cleethorpes AC	32.48	1998	8	NEW YEAR'S DAY		
	Bell, Simon	Lincoln Wellington	32.48	2002	4	NEW YEAR'S DAY		
	Hoole, Philip A	Rotherham H	32.48	2007	2	NEW YEAR'S DAY		
	Connolly, Martin	Sheffield AC	32.49	1988	7	GUY FAWKES		
	Moorhouse, Julian	Scunthorpe H	32.49	1988	9	NEW YEAR'S DAY		
	Pleasants, Peter	Barnsley Dorothy Hyman	32.49	1992	15	NEW YEAR'S DAY		
	Stacey, David	Sheffield AC	32.49	1994	14	GUY FAWKES		
	James, Daniel	Cleethorpes AC	32.49	2023	3	NEW YEAR'S DAY		
	Cope, Chas	Sheffield AC	32.50	1991	18	GUY FAWKES		
	Gristwood, William	Ealing & Southall AC	32.50	1996	5	NEW YEAR'S DAY		
	Bell, Simon	Lincoln Wellington	32.50	2000	3	NEW YEAR'S DAY		
	Thompson, Finley	Grimsby Tri Club	32.51	2020	2	NEW YEAR'S DAY		
	Ely, George	Cleethorpes AC	32.52	1989	14	NEW YEAR'S DAY		
	Morris, Peter	Rotherham H	32.52	1992	16	NEW YEAR'S DAY		
	Altoft, Stuart	Grimsby H	32.53	1987	8	NEW YEAR'S DAY		
	Sargeant, Brian	Grimsby H	32.53	1990	16	GUY FAWKES		
	Mawer, Nigel	Grimsby H	32.53	1994	14	NEW YEAR'S DAY		
	Redmond, John	City Of Hull	32.53	1995	7	NEW YEAR'S DAY		
	Dingwall, Jim	City of Hull	32.54	1992	16	GUY FAWKES	M40	
	Martin, Malcolm	Sheffield AC	32.54	1992	17	NEW YEAR'S DAY	M45	
	Brown, Richard	Louth AC	32.54	2009	2	NEW YEAR'S DAY		
	Mitchell, Scott	Scunthorpe H	32.55	1988	10	NEW YEAR'S DAY		
	Johnson, Geoff	Friskney H	32.55	1989	15	NEW YEAR'S DAY		
	Bromfield, Chris	Louth H	32.56	1987	9	NEW YEAR'S DAY		

	Bell, Simon	Lincoln Wellington	32.56	1990	17	GUY FAWKES		
	Jagger, M	Grimsby H	32.56	1994	15	GUY FAWKES		
	Peach, Alvin	Grantham AC	32.56	1994	15	NEW YEAR'S DAY		
	Clark, John	Grimsby H	32.56	1988	9	NEW YEAR'S DAY	M45	
	Barker, John	Grimsby H	32.57	1991	19	GUY FAWKES		
	Cope, Chas	Sheffield AC	32.57	1992	17	GUY FAWKES		
	Heyes, David	Stainforth AC	32.59	1988	11	NEW YEAR'S DAY		
	Barker, John	Grimsby H	32.59	1992	18	GUY FAWKES		
	McGiven, James	City of Hull	32.59	1993	17	GUY FAWKES		
	McGiven, James	City Of Hull	32.59	1994	16	GUY FAWKES		
	Mitchell, Scott	Leeds City AC	32.59	1995	8	NEW YEAR'S DAY		
	Moody, Brian	City Of Hull	32.59	1996	6	NEW YEAR'S DAY		
	Gristwood, William	Ealing & Southall AC	32.59	2000	4	NEW YEAR'S DAY	M40	
	Cook, Simon J	Leeds City AC	32.59	2007	3	NEW YEAR'S DAY		
	Cook, Darren	Grimsby H	33.00	1989	7	GUY FAWKES		
	Barker, John	Grimsby H	33.00	1990	18	GUY FAWKES		
	Jagger, Mick	Cleethorpes AC	33.00	1991	5	NEW YEAR'S DAY		
	Stephenson, John	Omega Racing Club	33.00	1995	9	NEW YEAR'S DAY		
	Dalton, Adam	Cleethorpes AC	33.00	2022	3	NEW YEAR'S DAY		
	Fordham, Paul	Rockingham AC	33.01	1993	13	NEW YEAR'S DAY		
	Bennett, Paul	Rotherham H	33.01	1994	16	NEW YEAR'S DAY		
	Sands, Mark	Skegness & District	33.01	2019	12	NEW YEAR'S DAY	M45	
	Ormsby, Roy	Grimsby H	33.02	1984	1	GUY FAWKES		
	Ormsby, Roy	Grimsby H	33.02	1987	10	NEW YEAR'S DAY		
	Farrow, Mark	Stainforth AC	33.02	1990	16	NEW YEAR'S DAY		
	Girven, James	Barnsley Dorothy Hyman	33.02	1992	18	NEW YEAR'S DAY		
	Jagger, M	Cleethorpes AC	33.02	2003	3	NEW YEAR'S DAY		
	Redmond, John	City Of Hull	33.03	1994	17	GUY FAWKES		
	Bangani, Pumlan	Scunthorpe	33.03	2004	2	NEW YEAR'S DAY		
	Cross, Gary	City of Hull	33.04	1986	1	GUY FAWKES		
	Wilson, Ronny	Lincoln Wellington	33.04	2018	5	NEW YEAR'S DAY		
	Barker, John	Grimsby H	33.05	1993	18	GUY FAWKES		
	Morris, Peter	Rotherham H	33.05	1993	14	NEW YEAR'S DAY	M40	
	Smith, Peter	Grimsby H	33.06	1985	3	GUY FAWKES		
	Marwood, Jason	Grimsby H	33.06	1986	2	GUY FAWKES		

	Catford, D	Thirsk & Souerby	33.06	1989	8	GUY FAWKES		
	Allison, Lucian	Lincoln Wellington	33.07	2017	4	NEW YEAR'S DAY		
	Bangani, Pumlan	Salford H	33.08	2013	2	NEW YEAR'S DAY		
	Riley, Chris	Berry Hill AC	33.09	1989	9	GUY FAWKES		
	Mawer, Nigel	Grimsby H	33.10	1993	19	GUY FAWKES		
	Cowan, Graham	Grimsby H	33.10	1994	17	NEW YEAR'S DAY		
	Crolla, Robert	Cleethorpes AC	33.11	1992	19	GUY FAWKES		
	Hughes, Andy	KUHAC	33.11	2002	5	NEW YEAR'S DAY		
	Empson, Andrew	Steel City Striders	33.12	1992	20	GUY FAWKES		
	Jagger, M	Lincoln Wellington	33.12	2007	4	NEW YEAR'S DAY		
	Phillips, Dave	Cleethorpes AC	33.13	1991	20	GUY FAWKES	M40	
	Sykes, Michael	U/A	33.13	1991	6	NEW YEAR'S DAY		
	Gristwood, William	Ealing & Southall AC	33.13	2002	6	NEW YEAR'S DAY	M40	
	Clarkson, Gegan	KUHAC	33.14	2016	3	NEW YEAR'S DAY		
	Larkin, Arron	Rotherham H	33.14	2018	6	NEW YEAR'S DAY		
	Phillips, Dave	Cleethorpes AC	33.15	1992	19	NEW YEAR'S DAY		
	Holmes, Dave	Grimsby H	33.16	1992	21	GUY FAWKES		
	Cope, Chas	Sheffield AC	33.16	1993	20	GUY FAWKES		
	Parrott, Richard	Grimsby H	33.17	1993	21	GUY FAWKES		
	Barker, John	Grimsby H	33.18	1994	18	NEW YEAR'S DAY	M40	
	Thompson, Michael	Rotherham H	33.18	1996	7	NEW YEAR'S DAY		
	Holgate, Mike	City of Bath	33.19	1989	16	NEW YEAR'S DAY		
	Jameson, Andi	Sheffield City Poly AC	33.19	1990	17	NEW YEAR'S DAY		
	Millar, John	Doncaster Plant Works	33.19	1992	22	GUY FAWKES	M45	
	Fieldsend, Martyn	Sheffield AC	33.19	1993	22	GUY FAWKES		
	Clark, Paul	Grimsby H	33.20	1987	11	NEW YEAR'S DAY		
	Mitchell, Dave	Grimsby H	33.20	1988	12	NEW YEAR'S DAY		
	Phillips, Dave	Cleethorpes AC	33.20	1991	7	NEW YEAR'S DAY		
	Baker, J	Nene Valley H	33.20	1994	18	GUY FAWKES	M40	
	Anderson, Graham	Grimsby H	33.21	1988	13	NEW YEAR'S DAY		
	Jones, Robert	Berry Hill AC	33.21	1989	10	GUY FAWKES	M40	
	Anderson, Graham	Grimsby H	33.21	1992	20	NEW YEAR'S DAY		
	Barker, John	Grimsby H	33.21	1994	19	GUY FAWKES	M40	
	Jagger, M	Lincoln Wellington	33.21	2005	1	NEW YEAR'S DAY		
	Bangani, Pumlan	Salford H	33.21	2007	1	NEW YEAR'S DAY		

	Hutt, Lionel	City of Bath	33.22	1991	8	NEW YEAR'S DAY		
	Jagger, M	Cleethorpes AC	33.23	1987	12	NEW YEAR'S DAY		
	Stephenson, John	U/A	33.23	1996	8	NEW YEAR'S DAY		
	Holmes, Dave	Grimsby H	33.24	1991	21	GUY FAWKES		
	Martin, Malcolm	Hallamshire Harriers	33.24	1994	20	GUY FAWKES	M50	
	Carpenter, Thomas	Lincoln Wellington	33.24	2024	4	NEW YEAR'S DAY		
	Johnson, Geoff	Friskney H	33.25	1988	14	NEW YEAR'S DAY		
	Marsh, Nicholas	Louth AC	33.25	1989	17	NEW YEAR'S DAY		
	Boston, Lee	Rowntree AC	33.25	1992	23	GUY FAWKES		
	Baker, Jeffrey	Nene Valley H	33.25	1993	23	GUY FAWKES	M40	
	Anderson, Martin	Grimsby H	33.26	1985	4	GUY FAWKES		
	Anderson, Martin	Grimsby H	33.26	1992	21	NEW YEAR'S DAY		
	Bell, Simon	Lincoln Wellington	33.26	1999	1	NEW YEAR'S DAY		
	Jagger, M	Lincoln Wellington	33.26	2008	1	NEW YEAR'S DAY		
	Tinegate, Steve	East Hull Harriers	33.27	1988	15	NEW YEAR'S DAY		
	Phillips, Dave	Cleethorpes AC	33.27	1989	18	NEW YEAR'S DAY		
	Ormsby, Roy	Immingham RC	33.27	1991	9	NEW YEAR'S DAY		
	Taylor, Marton	Mandale H	33.27	1992	24	GUY FAWKES		
	Wright, Richard	Doncaster Plant Works	33.27	1993	24	GUY FAWKES		
	Butts, Dave	Grimsby H	33.28	1983	1	GUY FAWKES		
	Green, Steve	Grimsby H	33.29	1988	16	NEW YEAR'S DAY		
	Ormsby, Roy	U/A	33.29	1990	18	NEW YEAR'S DAY		
	Miller, Ian	Omega Racing Club	33.29	1991	10	NEW YEAR'S DAY		
	Dalton, Adam	Louth AC	33.29	2018	7	NEW YEAR'S DAY		
	Smith, Neil	Coventry Godiva	33.30	1989	19	NEW YEAR'S DAY		
	New, Paul	Hercules Wimbledon	33.30	1994	19	NEW YEAR'S DAY		
	Perkins, Jarratt	KUHAC	33.30	2009	3	NEW YEAR'S DAY		
	Larkin, Arron	Rotherham H	33.30	2017	5	NEW YEAR'S DAY		
	Clark, John	Grimsby H	33.31	1995	10	NEW YEAR'S DAY	M40	
	Marwood, Jason	Grimsby H	33.32	1988	8	GUY FAWKES		
	Jameson, Andi	Sheffield City Poly AC	33.32	1989	20	NEW YEAR'S DAY		
	Fuller, Roger	Doncaster Plant Works	33.32	1992	25	GUY FAWKES		
	Formstone, Martin	Cleethorpes AC	33.32	2008	2	NEW YEAR'S DAY		
	Pocklington, Jason	Friskney H	33.33	1988	17	NEW YEAR'S DAY		
	Lilley, Kevin	Sheffield AC	33.33	1996	9	NEW YEAR'S DAY		

	Phillips, Dave	Cleethorpes AC	33.34	1990	19	NEW YEAR'S DAY		
	Hallimond, Chris	Sunderland H	33.35	1986	5	NEW YEAR'S DAY		
	Ward, Brian	City Of Hull	33.35	1987	13	NEW YEAR'S DAY		
	Holmes, Dave	Cleethorpes AC	33.35	1989	21	NEW YEAR'S DAY		
	Overton, Nick	Holbeach AC	33.35	1990	19	GUY FAWKES		
	Altoft, Stuart	Grimsby H	33.36	1986	3	GUY FAWKES		
	Goodwin, Nicholas	Grimsby H	33.36	1988	18	NEW YEAR'S DAY		
	Lewis, Simon	Retford AC	33.36	1992	26	GUY FAWKES		
	Lyins, Paul	City Of Hull	33.36	2023	4	NEW YEAR'S DAY		
	Marsh, Nicholas	Louth AC	33.37	2009	4	NEW YEAR'S DAY		
	Thackery, Carl	Hallamshire Harriers	33.37	2012	2	NEW YEAR'S DAY	M45	
	Norman, David	Altrincham & D	33.37	2024	5	NEW YEAR'S DAY	M45	
	Payne, Robert	Cleethorpes AC	33.38	2024	6	NEW YEAR'S DAY		
	Bromfield, Chris	Louth AC	33.39	1984	2	GUY FAWKES		
	Anderson, Graham	Grimsby H	33.39	1990	20	NEW YEAR'S DAY		
	Clark, Paul	Cleethorpes AC	33.39	2000	5	NEW YEAR'S DAY	M40	
	Barker, John	Grimsby H	33.40	1986	4	GUY FAWKES		
	Altoft, Stuart	RAF	33.40	1986	6	NEW YEAR'S DAY		
	Goodwin, Nicholas	Grimsby H	33.40	1987	11	GUY FAWKES		
	Bromfield, Chris	Louth H	33.40	1988	19	NEW YEAR'S DAY		
	Anderson, Graham	Grimsby H	33.40	1989	22	NEW YEAR'S DAY		
	Anderson, Graham	Grimsby H	33.40	1991	22	GUY FAWKES		
	Ely, George	Cleethorpes AC	33.40	1991	11	NEW YEAR'S DAY		
	Ormsby, Roy	Grimsby H	33.41	1986	7	NEW YEAR'S DAY		
	Fleming, Mark	Grimsby H	33.41	1992	27	GUY FAWKES		
	James, Steve	City Of Hull	33.41	1994	21	GUY FAWKES	M55	
	Cook, Darren	Grimsby H	33.42	1986	8	NEW YEAR'S DAY		
	Istead, Mal	Grimsby H	33.42	1989	11	GUY FAWKES		
	Hinchcliffe, Paul	Barnsley	33.42	1992	28	GUY FAWKES		
	Hodges, Robert	KUHAC	33.42	2010	4	NEW YEAR'S DAY		
	Norman, Andy	Altrincham & D	33.42	2023	5	NEW YEAR'S DAY		
	Brown, Dennis	Grimsby H	33.43	1988	20	NEW YEAR'S DAY	M40	
	Martin, Malcolm	Sheffield AC	33.43	1991	23	GUY FAWKES	M45	
	Morpeth, Nigel	Middlesborough & Clev	33.44	1988	9	GUY FAWKES		
	Coulam, Gary	Cleethorpes AC	33.44	1989	23	NEW YEAR'S DAY		

	Millar, John	Doncaster Plant Works	33.44	1990	20	GUY FAWKES	M40	
	Redmond, John	City of Hull	33.44	1991	24	GUY FAWKES		
	Coulam, Gary	Cleethorpes AC	33.44	1991	12	NEW YEAR'S DAY		
	Crofts, Jeffrey	Rotherham H	33.44	1993	25	GUY FAWKES		
	Payne, Robert	Herne Hill	33.44	2001	2	NEW YEAR'S DAY	M40	
	Payne, Robert	Huntingdon AC	33.44	2003	4	NEW YEAR'S DAY	M45	
	Allen, A	Grimsby H	33.45	1987	12	GUY FAWKES	M40	
	Brotherton, James	Friskney H	33.45	1990	21	NEW YEAR'S DAY		
	Denniss, Andy	Grimsby H	33.45	1994	20	NEW YEAR'S DAY		
	Clarkson, Gegan	KUHAC	33.45	2011	1	NEW YEAR'S DAY		
	Goodwin, Nicholas	Grimsby H	33.46	1986	5	GUY FAWKES		
	Smith, Peter	Grimsby H	33.46	1986	9	NEW YEAR'S DAY		
	Gristwood, William	Ealing & Southall AC	33.46	1990	22	NEW YEAR'S DAY		
	McLoughlin, Chris	Barnsley	33.46	1993	26	GUY FAWKES		
	Peacock, Stephen	City Of Hull	33.46	1994	22	GUY FAWKES		
	Haines, John	Cleethorpes AC	33.47	1986	6	GUY FAWKES		
	Phillips, Dave	Cleethorpes AC	33.47	1987	13	GUY FAWKES		
	Louden, Paul	Cleethorpes AC	33.47	1987	14	GUY FAWKES		
	Clarkson, Gegan	KUHAC	33.47	2015	3	NEW YEAR'S DAY		
	Nicholson, Matthew	U/A	33.47	2024	7	NEW YEAR'S DAY		
	Hawes, John	Cleethorpes AC	33.48	1988	10	GUY FAWKES		
	Parrott, Richard	Cleethorpes AC	33.48	1988	21	NEW YEAR'S DAY		
	Ward, Bill	Colwyn Bay AC	33.48	1990	23	NEW YEAR'S DAY	M40	
	Coulam, Gary	Grimsby H	33.48	1991	25	GUY FAWKES		
	Mallor, Andy	Hucknall RR	33.48	1992	29	GUY FAWKES		
	Clarkson, Gegan	KUHAC	33.48	2014	2	NEW YEAR'S DAY		
	Roberts, Philip	Rotherham H	33.49	1998	10	NEW YEAR'S DAY		
	Turner, Hayden	Cleethorpes AC	33.49	2001	3	NEW YEAR'S DAY		
	Simmons, Kevin	Cleethorpes AC	33.50	1992	30	GUY FAWKES		
	Harman, Matt	U/A	33.50	2024	8	NEW YEAR'S DAY		
	James, Steve	City Of Hull	33.51	1993	27	GUY FAWKES	M50	
	Marsh, Nicholas	Louth AC	33.51	1993	15	NEW YEAR'S DAY		
	Brown, Dennis	Grimsby H	33.52	1987	14	NEW YEAR'S DAY		
	Watkin, Nigel	Cleethorpes AC	33.52	1989	24	NEW YEAR'S DAY		
	Weston, John	Cleethorpes AC	33.53	1988	11	GUY FAWKES		

	Jagger, M	Lincoln Wellington	33.53	2006	1	NEW YEAR'S DAY		
	Phillips, Dave	Cleethorpes AC	33.54	1990	21	GUY FAWKES	M40	
	Coulam, Gary	Cleethorpes AC	33.54	1990	24	NEW YEAR'S DAY		
	Ely, George	Cleethorpes AC	33.54	1991	26	GUY FAWKES	M40	
	Gordon, Richard	U/A	33.55	1988	12	GUY FAWKES		
	Norris, Carl	Holbeach AC	33.55	1991	27	GUY FAWKES		
	Ely, George	Cleethorpes AC	33.55	1992	31	GUY FAWKES	M40	
	Miller, Ian	Immingham RC	33.55	1995	11	NEW YEAR'S DAY		
	Brown, Dennis	Grimsby H	33.56	1985	5	GUY FAWKES		
	Ely, George	Cleethorpes AC	33.56	1987	15	NEW YEAR'S DAY		
	Anderson, Martin	Grimsby H	33.56	1993	16	NEW YEAR'S DAY		
	Deeming, Ashley	Berry Hill AC	33.57	1989	12	GUY FAWKES		
	Ireland, Jon	Basingstoke AC	33.57	1990	25	NEW YEAR'S DAY		
	Coulam, Gary	Grimsby H	33.57	1992	32	GUY FAWKES		
	Barker, John	Grimsby H	33.57	1995	12	NEW YEAR'S DAY	M40	
	Freeman, Paul	Grimsby H	33.58	1986	7	GUY FAWKES		
	Willetts, Brian	Cleethorpes AC	33.58	1988	13	GUY FAWKES		
	Anderson, Martin	Grimsby H	33.58	1988	22	NEW YEAR'S DAY		
	Harrison, Mike	East Hull Harriers	33.58	1994	21	NEW YEAR'S DAY		
	Clark, Paul	Cleethorpes AC	33.58	1999	2	NEW YEAR'S DAY	M40	
	Redmond, John	City Of Hull	33.58	2001	4	NEW YEAR'S DAY	M40	
	Jagger, M	Wolds Vets	33.58	2011	2	NEW YEAR'S DAY	M40	
	Clarkson, Gegan	KUHAC	33.58	2018	8	NEW YEAR'S DAY		
	Towler, Rob	CSL Neuf Brisach	33.59	1989	25	NEW YEAR'S DAY	M40	
	Mawer, Nigel	Grimsby H	33.59	1991	28	GUY FAWKES		
	Nutter, Scott	Barnsley AC	33.59	2019	13	NEW YEAR'S DAY		
	Malthouse, Edwin	Doncaster Plant Works	34.00	1988	14	GUY FAWKES		
	Phillips, Dave	Cleethorpes AC	34.00	1989	13	GUY FAWKES		
	Ward, Bill	Colwyn Bay AC	34.01	1989	26	NEW YEAR'S DAY		
	Dewberry, Phil	Hull Springhead Harriers	34.01	1990	26	NEW YEAR'S DAY	M40	
	Millar, Dan	Omega Racing Club	34.01	1992	22	NEW YEAR'S DAY	M40	
	Clarkson, Gegan	KUHAC	34.01	2017	6	NEW YEAR'S DAY		
	Allembly, David	Barnsley Dorothy Hyman	34.02	1990	27	NEW YEAR'S DAY		
	Lake, Mike	City of Hull	34.02	1991	29	GUY FAWKES		
	Young, Peter	U/A	34.02	1993	17	NEW YEAR'S DAY		

Clarkson, Gregan	KUHAC	34.02	2006	2	NEW YEAR'S DAY		
Clarkson, Gregan	KUHAC	34.02	2010	5	NEW YEAR'S DAY		
Cowan, Graham	Grimsby H	34.03	1993	28	GUY FAWKES		
Harrison, Mike	East Hull Harriers	34.03	1993	29	GUY FAWKES		
Bateson, Richard	Lincoln Wellington	34.03	2011	3	NEW YEAR'S DAY		
Harman, Matt	Lincoln Wellington	34.03	2025	3	NEW YEAR'S DAY		
Sargeant, Brian	Grimsby H	34.04	1986	8	GUY FAWKES		
Johnson, Geoff	Friskney H	34.04	1987	16	NEW YEAR'S DAY		
Dickie, Bob	Grimsby H	34.04	1988	23	NEW YEAR'S DAY		
Coulam, Gary	Cleethorpes AC	34.04	1989	14	GUY FAWKES		
Packer, Malcolm	Louth AC	34.04	1999	3	NEW YEAR'S DAY		
Phillips, Dave	Cleethorpes AC	34.05	1983	2	GUY FAWKES		
Steele, Andy	Gainsborough Morton	34.05	1992	33	GUY FAWKES		
Jefferey, Martin	Sale Harriers	34.05	1998	11	NEW YEAR'S DAY		
Field, Terry	Barnsley	34.05	2001	5	NEW YEAR'S DAY		
Turner, Matthew	KUHAC	34.05	2002	7	NEW YEAR'S DAY		
Hughes, Andy	KUHAC	34.05	2003	5	NEW YEAR'S DAY		
Bolton, Sean	GEC Avionics	34.06	1988	15	GUY FAWKES		
Ely, George	Cleethorpes AC	34.06	1990	22	GUY FAWKES		
Dewberry, Phil	Hull Springhead Harriers	34.06	1991	30	GUY FAWKES	M40	
Fieldsend, Martyn	Sheffield AC	34.06	1992	34	GUY FAWKES		
Hunsley, Chris	Cleethorpes AC	34.06	1998	12	NEW YEAR'S DAY		
Nicholson, Matthew	Cleethorpes AC	34.06	2025	4	NEW YEAR'S DAY		
Cook, AT	Grimsby H	34.07	1985	6	GUY FAWKES		
McGivern, James	City of Hull	34.07	1992	35	GUY FAWKES		
Baker, J	Nene Valley H	34.07	1992	36	GUY FAWKES	M40	
Holmes, Dave	Grimsby H	34.07	1993	30	GUY FAWKES		
Larkin, Arron	Kimberworth Striders	34.07	2016	4	NEW YEAR'S DAY	M45	
Mawer, Nigel	Grimsby H	34.08	1992	23	NEW YEAR'S DAY		
Mitchell, Scott	Leeds City AC	34.08	2008	3	NEW YEAR'S DAY		
Mill, Ronnie	Sheffield AC	34.09	1989	15	GUY FAWKES		
Anderson, Martin	Grimsby H	34.09	1993	31	GUY FAWKES		
Ely, George	Cleethorpes AC	34.10	1986	10	NEW YEAR'S DAY		
Stephenson, Caleb	Cleethorpes AC	34.10	2020	3	NEW YEAR'S DAY		
Irani, Russ	Doncaster Plant Works	34.11	1989	16	GUY FAWKES		

Hope, Ray	Doncaster Plant Works	34.11	1992	37	GUY FAWKES	M40	
Packer, Malcolm	Louth AC	34.11	1994	23	GUY FAWKES		
Bell, Simon	Lincoln Wellington	34.11	2003	6	NEW YEAR'S DAY		
Formstone, Martin	Cleethorpes AC	34.11	2011	4	NEW YEAR'S DAY		
Allwood, Carl	Sutton in Ashfield Harriers	34.11	2014	3	NEW YEAR'S DAY		
Drayon, Eddie	U/A	34.11	2023	6	NEW YEAR'S DAY		
Phillips, Dave	Cleethorpes AC	34.12	1985	7	GUY FAWKES		
William Ward	Colwyn Bay AC	34.12	1988	24	NEW YEAR'S DAY		
Ormsby, Roy	Immingham RC	34.12	1990	23	GUY FAWKES		
Marston, Adrian	Lincoln Wellington	34.12	1990	24	GUY FAWKES		
Phillips, Dave	Cleethorpes AC	34.12	1994	22	NEW YEAR'S DAY	M40	
Bateson, Richard	RAF	34.12	2010	6	NEW YEAR'S DAY		
Heighton, Richard	Beaumont Leys RC	34.13	1995	13	NEW YEAR'S DAY		
Marsh, Nicholas	Louth AC	34.13	2002	8	NEW YEAR'S DAY		
Lyon, Gareth	Grimsby H	34.14	1989	17	GUY FAWKES		
Binney, Keith	Barnsley RRC	34.14	1989	27	NEW YEAR'S DAY	M40	
Phillips, Dave	Cleethorpes AC	34.14	1993	32	GUY FAWKES		
Phillips, Dave	Cleethorpes AC	34.14	1993	18	NEW YEAR'S DAY		
Haynes, Luke	Skegness & District	34.14	2025	5	NEW YEAR'S DAY		
Butts, Dave	Grimsby H	34.15	1984	3	GUY FAWKES		
Brooksbank, David	Barnsley Dorothy Hyman	34.15	1992	24	NEW YEAR'S DAY		
Axton, Matthew	Cleethorpes AC	34.15	2002	9	NEW YEAR'S DAY		
Axton, Matthew	Peterborough AC	34.15	2006	3	NEW YEAR'S DAY		
Cotton, Chris	Kimberworth Striders	34.15	2013	3	NEW YEAR'S DAY		
Ely, Callum	Cleethorpes AC	34.15	2025	6	NEW YEAR'S DAY		
Turner, Matthew	KUHAC	34.16	2003	7	NEW YEAR'S DAY		
Page, R	Lincoln Wellington	34.16	2017	7	NEW YEAR'S DAY		
Ely, Callum	Cleethorpes AC	34.16	2024	9	NEW YEAR'S DAY		
Bent, Peter	Jarrow & Hebburn AC	34.17	1989	18	GUY FAWKES		
Matthews, Trevor	Stainforth AC	34.17	1989	28	NEW YEAR'S DAY		
Hemmings, AP	Riddings YCAC	34.17	1992	38	GUY FAWKES		
Chidwick, Ian	Cleethorpes AC	34.17	1999	4	NEW YEAR'S DAY		
Marsh, Nicholas	Louth AC	34.17	2010	7	NEW YEAR'S DAY		
Phillips, Dave	Cleethorpes AC	34.18	1984	4	GUY FAWKES		
Darley, Ian	Steel City Striders	34.18	1988	16	GUY FAWKES		

Morgan, Lee	South London Harriers	34.18	2009	5	NEW YEAR'S DAY		
Ely, George	Cleethorpes AC	34.19	1985	8	GUY FAWKES		
Wood, Alf	Cleethorpes AC	34.20	1987	15	GUY FAWKES	M40	
Skaife, Christopher	Sheffield AC	34.20	1988	17	GUY FAWKES		
Barker, John	Grimsby H	34.20	1996	10	NEW YEAR'S DAY	M40	
Clarkson, Gregan	KUHAC	34.20	2008	4	NEW YEAR'S DAY		
Donkin, Oliver	Barton & District	34.20	2022	4	NEW YEAR'S DAY		
Myers, Derek	Cleethorpes AC	34.21	1984	5	GUY FAWKES		
Coulam, Gary	Cleethorpes AC	34.21	1988	18	GUY FAWKES		
Fuller, Roger	Doncaster Plant Works	34.21	1990	25	GUY FAWKES		
Sprot, Michael	Hallamshire Harriers	34.21	2009	6	NEW YEAR'S DAY		
Bangani, Pumlani	Salford H	34.21	2014	4	NEW YEAR'S DAY		
Lyon, Gareth	Grimsby H	34.22	1990	28	NEW YEAR'S DAY		
Hunsley, Chris	Cleethorpes AC	34.22	1999	5	NEW YEAR'S DAY		
Baker, Adam	Lincoln Wellington	34.22	2016	5	NEW YEAR'S DAY		
Coulam, Gary	Cleethorpes AC	34.23	1990	26	GUY FAWKES		
Flatman, Pete	City of Hull	34.23	1992	39	GUY FAWKES		
Anderson, Martin	Grimsby H	34.23	1994	23	NEW YEAR'S DAY		
Dodsworth, Paul	Warrington	34.23	2006	5	NEW YEAR'S DAY		
Fowlie, Alan	City Of Hull	34.24	1989	29	NEW YEAR'S DAY	M45	
Bean, Andy	Cleethorpes AC	34.24	1993	33	GUY FAWKES		
Rainbow, Chris	Friskney H	34.24	1994	24	GUY FAWKES		
Hope, Ray	Doncaster Plant Works	34.24	1994	25	GUY FAWKES	M45	
Clark, Paul	Grimsby H	34.24	1996	11	NEW YEAR'S DAY		
Thomas, David	Cleethorpes AC	34.24	2006	4	NEW YEAR'S DAY		
Johnson, Geoff	Friskney H	34.25	1990	29	NEW YEAR'S DAY		
Phillips, Dave	Cleethorpes AC	34.25	1994	26	GUY FAWKES	M40	
Baker, Jeff	Nene Valley H	34.25	1995	14	NEW YEAR'S DAY	M40	
Jones, Jeremy	Lincoln & District Runners	34.25	2025	7	NEW YEAR'S DAY		
Ahmed, Abdu	Hyde Park Harriers	34.25	2025	8	NEW YEAR'S DAY		
Wood, Alf	Cleethorpes AC	34.26	1985	9	GUY FAWKES	M40	
Coulam, Gary	Grimsby H	34.26	1993	19	NEW YEAR'S DAY		
Anderson, Martin	Grimsby H	34.26	1995	15	NEW YEAR'S DAY	M40	
Marsh, Nicholas	Louth AC	34.26	2000	6	NEW YEAR'S DAY		
Binney, Keith	Barnsley Dorothy Hyman	34.27	1990	30	NEW YEAR'S DAY	M40	

Rowland, George	Doncaster AC	34.27	2022	5	NEW YEAR'S DAY		
Abbey, Steve	Scunthorpe	34.28	1986	9	GUY FAWKES		
Bilton, Darran	City Of Hull	34.28	1993	34	GUY FAWKES		
Dewberry, Phil	Hull Springhead Harriers	34.28	1995	16	NEW YEAR'S DAY	M45	
Weston, Tony	Cleethorpes AC	34.29	1983	3	GUY FAWKES		
Anderson, Martin	Grimsby H	34.29	1991	31	GUY FAWKES		
Simmons, Kevin	Cleethorpes AC	34.29	1992	25	NEW YEAR'S DAY		
Hindmarsh, David	Rotherham H	34.29	1996	12	NEW YEAR'S DAY	M40	
Jones, Joshua	Barton & District	34.29	2014	5	NEW YEAR'S DAY		
Houlton, Marc	Riddings YCAC	34.30	1989	30	NEW YEAR'S DAY		
Simmons, Kevin	Cleethorpes AC	34.30	1991	32	GUY FAWKES		
Roberts, Philip	Rotherham H	34.30	1996	13	NEW YEAR'S DAY		
Phillips, Dave	Cleethorpes AC	34.31	1996	14	NEW YEAR'S DAY	M45	
Ormsby, Roy	Immingham RC	34.32	1992	26	NEW YEAR'S DAY		
Robson, Neil	Bingley H	34.32	1994	27	GUY FAWKES	M45	
Allen, Paul	Scunthorpe H	34.32	1994	24	NEW YEAR'S DAY		
Page, R	Lincoln Wellington	34.33	2015	4	NEW YEAR'S DAY		
Carlile, Jordon	Cleethorpes AC	34.33	2020	6	NEW YEAR'S DAY		
Haines, John	Cleethorpes AC	34.34	1984	6	GUY FAWKES		
Cook, AT	Grimsby H	34.34	1986	10	GUY FAWKES		
Ireland, Jon	Cleethorpes AC	34.34	1988	25	NEW YEAR'S DAY		
Ely, George	Cleethorpes AC	34.34	1994	28	GUY FAWKES	M40	
Chidwick, Ian	Grimsby H	34.35	1985	10	GUY FAWKES		
Molloy, John	Grimsby H	34.35	1986	11	NEW YEAR'S DAY		
Dainty, Anthony	Stainforth AC	34.35	1996	15	NEW YEAR'S DAY		
Packer, Malcolm	Louth AC	34.35	2000	7	NEW YEAR'S DAY	M40	
Houlton, Dean	Lincoln Wellington	34.35	2002	10	NEW YEAR'S DAY		
Thomas, Gary	Wolds Vets	34.36	2014	6	NEW YEAR'S DAY	M40	
Brown, Dennis	Grimsby H	34.37	1986	11	GUY FAWKES		
Weston, Tony	Cleethorpes AC	34.37	1987	17	GUY FAWKES	M40	
Clark, Paul	Grimsby H	34.37	1991	33	GUY FAWKES		
Simmons, Kevin	Cleethorpes AC	34.37	1993	35	GUY FAWKES	M40	
Myers, Derek	Cleethorpes AC	34.38	1983	4	GUY FAWKES		
Green, Steve	Grimsby H	34.38	1992	27	NEW YEAR'S DAY	M40	
Haines, John	Cleethorpes AC	34.38	1993	36	GUY FAWKES		

Marsh, Nicholas	Louth AC	34.38	1996	16	NEW YEAR'S DAY		
Haines, John	Cleethorpes AC	34.39	1986	12	NEW YEAR'S DAY		
Green, Steve	Grimsby H	34.39	1994	25	NEW YEAR'S DAY	M40	
Clarkson, Gegan	KUHAC	34.39	2005	2	NEW YEAR'S DAY		
Thompson, Finley	Lincoln Wellington	34.39	2017	8	NEW YEAR'S DAY		
Wood, Alf	Cleethorpes AC	34.40	1984	7	GUY FAWKES		
Ashmore. D	Hallamshire Harriers	34.40	1987	18	GUY FAWKES		
Anderson, Martin	Grimsby H	34.40	1989	31	NEW YEAR'S DAY		
Green, Steve	Grimsby H	34.40	1990	31	NEW YEAR'S DAY		
Weston, Tony	Cleethorpes AC	34.40	1993	37	GUY FAWKES	M45	
Packer, Malcolm	Louth AC	34.40	2002	11	NEW YEAR'S DAY		
Clarkson, Gegan	KUHAC	34.40	2009	7	NEW YEAR'S DAY		
Sedgwick, David	Doncaster AC	34.40	2014	7	NEW YEAR'S DAY		
Spendlove, Matt	Cleethorpes AC	34.40	2020	4	NEW YEAR'S DAY		
Page, P	Louth H	34.41	1987	17	NEW YEAR'S DAY		
Wood, Alf	Cleethorpes AC	34.42	1986	13	NEW YEAR'S DAY	M40	
Wray, D	Stevenage & North Herts	34.42	1988	26	NEW YEAR'S DAY	M45	
Tanner, Steve	Sheffield AC	34.42	1989	32	NEW YEAR'S DAY	M40	
Fowlie, Alan	City Of Hull	34.42	1990	32	NEW YEAR'S DAY	M45	
Walker, Russell	Winterton RC	34.42	1992	40	GUY FAWKES		
Ely, George	Cleethorpes AC	34.42	1996	17	NEW YEAR'S DAY	M40	
Fleming, Andrew	Scarborough AC	34.42	2014	8	NEW YEAR'S DAY		
Robinson, David	Scunthorpe	34.42	2017	9	NEW YEAR'S DAY		
Thomas, Gary	Wolds Vets	34.43	2011	5	NEW YEAR'S DAY		
Lathwell, Wayne	Lincoln Wellington	34.43	2019	14	NEW YEAR'S DAY		
Storr, Harry	Barton & District	34.43	2025	9	NEW YEAR'S DAY		
Weston, Tony	Cleethorpes AC	34.44	1989	33	NEW YEAR'S DAY	M40	
Willetts, Brian	Cleethorpes AC	34.44	1991	34	GUY FAWKES		
Marsh, Nicholas	Louth AC	34.44	2001	6	NEW YEAR'S DAY		
Watkin, Darren	Sutton in Ashfield Harriers	34.45	1989	19	GUY FAWKES		
Barkes, Sean	Lincoln Wellington	34.45	2016	6	NEW YEAR'S DAY	M45	
Jones, Jeremy	U/A	34.45	2019	15	NEW YEAR'S DAY		
Ely, George	Cleethorpes AC	34.46	1986	12	GUY FAWKES		
Catford, David	Thirsk AC	34.46	1988	19	GUY FAWKES		
Appleby, Peter	City Of Hull	34.46	1994	26	NEW YEAR'S DAY		

Brown, Dennis	Grimsby H	34.47	1986	14	NEW YEAR'S DAY		
Haines, Les	Lincoln Wellington	34.47	1989	20	GUY FAWKES		
Wood, Alf	Cleethorpes AC	34.47	1989	34	NEW YEAR'S DAY	M45	
Green, Steve	Grimsby H	34.47	1992	41	GUY FAWKES	M40	
Fordham, Paul	Rockingham AC	34.47	1994	27	NEW YEAR'S DAY		
Thomas, Gary	Wolds Vets	34.47	2016	7	NEW YEAR'S DAY	M40	
Burton, David	U/A	34.48	1990	27	GUY FAWKES		
Coulam, Gary	Grimsby H	34.48	1993	38	GUY FAWKES		
Dodsworth, Paul	Warrington	34.48	2005	3	NEW YEAR'S DAY		
Weston, Tony	Cleethorpes AC	34.49	1985	11	GUY FAWKES		
Hull, Kevin	Cleethorpes AC	34.49	1985	12	GUY FAWKES		
Hatfield, Rob	Cleethorpes AC	34.49	1988	20	GUY FAWKES		
Marsh, Nicholas	Louth AC	34.49	2006	6	NEW YEAR'S DAY		
Drayon, Eddie	Winterton RC	34.49	2024	10	NEW YEAR'S DAY		
Mullen, Lee	Skegness & District	34.49	2025	11	NEW YEAR'S DAY		
Empson, A	U/A	34.50	1991	35	GUY FAWKES		
Bolton, Sean	Crewe & Nantwich AC	34.50	1993	39	GUY FAWKES		
Stocks, Brett	U/A	34.50	1994	29	GUY FAWKES		
Scruton, Neil	Scarborough & Ryedale H	34.50	1994	28	NEW YEAR'S DAY		
Dalton, Adam	Louth AC	34.50	2015	5	NEW YEAR'S DAY		
Troop, Martin	Lincoln Wellington	34.50	2022	7	NEW YEAR'S DAY		
Willetts, Brian	Cleethorpes AC	34.51	1990	28	GUY FAWKES		
Wright, Rick	Doncaster Plant Works	34.51	1992	42	GUY FAWKES		
Hall, Geoff	Holmfirth Harriers	34.52	1989	21	GUY FAWKES	M40	
Kirkup, Eddie	Barnsley RRC	34.52	1989	35	NEW YEAR'S DAY	M60	CAT/CR
Whittaker, Tony	Riddings YCAC	34.52	1992	43	GUY FAWKES	M50	
Wright, Rick	Doncaster Plant Works	34.52	1994	30	GUY FAWKES		
Clarkson, Gegan	KUHAC	34.52	2019	16	NEW YEAR'S DAY		
Simpson, B	Cleethorpes AC	34.53	1987	19	GUY FAWKES		
Walsh, Robert	City of Hull	34.53	1990	29	GUY FAWKES		
Brogan, Jim	Rotherham H	34.53	1992	28	NEW YEAR'S DAY	M40	
Hope, Ray	Doncaster Plant Works	34.53	1993	40	GUY FAWKES	M40	
Darby, Steve	U/A	34.53	1993	20	NEW YEAR'S DAY		
Moran, Simon	The Army	34.53	1994	31	GUY FAWKES		
Dunderdale, Andy	Grantham AC	34.53	2002	12	NEW YEAR'S DAY		

Scruton, Neil	Scarborough & Ryedale H	34.54	1993	21	NEW YEAR'S DAY	M45	
Walker, Russell	Winterton RC	34.54	1996	18	NEW YEAR'S DAY		
Packer, Malcolm	Louth AC	34.54	1998	13	NEW YEAR'S DAY		
Clarkson, Gegan	KUHAC	34.54	2007	5	NEW YEAR'S DAY		
Varley, Lee	U/A	34.54	2020	5	NEW YEAR'S DAY		
Mosley, Steven	Grimsby H	34.55	1986	15	NEW YEAR'S DAY		
McHugh, Peter	New Marske Harriers	34.55	1989	22	GUY FAWKES		
Henderson, J	Lincoln Wellington	34.55	1990	30	GUY FAWKES		
Scruton, Neil	Scarborough & Ryedale H	34.55	1993	41	GUY FAWKES	M45	
Chapman, Peter	City Of Hull	34.55	1993	22	NEW YEAR'S DAY	M45	
Cook, Darren	Grimsby H	34.56	1986	13	GUY FAWKES		
Dellar, Peter	Dunstable RR	34.57	1989	36	NEW YEAR'S DAY		
Aconley, Robin	South Yorks Police	34.57	1993	42	GUY FAWKES	M50	
Phillips, Dave	Cleethorpes AC	34.57	1995	17	NEW YEAR'S DAY	M40	
Hunsley, Chris	Cleethorpes AC	34.57	2000	8	NEW YEAR'S DAY	M40	
Ormsby, Roy	Grimsby H	34.58	1985	13	GUY FAWKES		
Page, Shane	City Of Hull	34.58	1990	33	NEW YEAR'S DAY		
Appleby, Peter	City Of Hull	34.58	1993	43	GUY FAWKES		
Barker, John	Cleethorpes AC	34.58	1998	14	NEW YEAR'S DAY		
Kirkup, Eddie	Barnsley RRC	34.59	1988	27	NEW YEAR'S DAY	M55	CAT/CR
Hughes, Alan	Notfast RRC	34.59	1989	37	NEW YEAR'S DAY	M55	CAT/CR
Critten, Steve	Immingham RC	34.59	1990	31	GUY FAWKES		
Anderson, Martin	Grimsby H	34.59	1990	34	NEW YEAR'S DAY		
Freeman, Paul	Grimsby H	34.59	1991	37	GUY FAWKES		
Houlton, Dean	Lincoln Wellington	34.59	2000	9	NEW YEAR'S DAY		
Johnson, Jack	U/A	34.59	2020	6	NEW YEAR'S DAY		

COLIN WRIGHT	1997 NYD snow on ground
24/09/25	race reduced to 3.9 miles.

2021 Virtual race only.
Won in 30.59 Andy Norman.

Chip times from 2015

John Barker is on the list
20 times!